

EDUCATIONAL THERAPY



THOMSON PAEDIATRIC CENTRE
The Child Development Centre
www.thomsoncdc.com

WHAT IS IT?

Educational therapy is an specialized teaching programme which aims to **improve the academics of children with learning difficulties**. It is a form of therapy that combines both **academic and therapeutic approaches**.

Educational therapy works on a child's academic difficulties along with their cognitive strengths and differences necessary to support the learning process. **The objective of the programme is to narrow the gap between a child's learning and the mainstream syllabus**. Educational therapy will focus on both the Literacy and Numeracy Curriculum covered in Mainstream MOE and International schools, as well as Special Schools such as Pathlight and APSN.



WHO IS IT FOR?

Our service is catered to children and adolescents.



between
3 – 17 years



studying in
mainstream (MOE-Based & International Schools)
and **special schools**



with **difficulties in learning** due to conditions such as

- Attention Deficit Hyperactivity Disorder (ADHD)
- Dyslexia
- Dyscalculia
- Dysgraphia
- Autism Spectrum Disorder (ASD)
- Other Learning Difficulties
- Cognitive Weakness (such as challenges with verbal and nonverbal reasoning, sequencing, working memory and processing speed)
- Specific Language Impairments
- Auditory and Visual Processing Disorders
- School Readiness

DIFFERENCE BETWEEN TUTORING AND EDUCATIONAL THERAPY



TUTORING

Mainstream teachers and tutors work by focusing on **basic academic skills**, specific subject areas and study skills necessary for test preparation. It is beneficial to students who need extra help catching up on a topic or specific subject.



EDUCATIONAL THERAPY

Focuses on developing **basic academic skills and the cognitive processes** necessary to support learning such as memory, attention, auditory processing, language comprehension, visual motor perception and reasoning.

OUR PROGRAM

1 Specialist teaching is targeted to assist children and adolescents in learning, such as **literacy, numeracy and study skills**.

2 An in-house academic assessment may be conducted to **evaluate the child's academic skills upon enrolment** to the program. This can be provided to the parents with their child's actual academic ability in the respective subject and evaluate if the child requires the intervention. There will also be **biannual assessments** conducted to assess if the child is making progress due to the intervention.

3 An **Individual Education Plan (IEP)** will be done for each child, highlighting both long term and short term goals. This will be shared with the parents.

Parents are required to book in a **30/60-minute consult** before the commencement of therapy. Duration of Educational Therapy sessions – **1 hour (inclusive of feedback)**

SOME OF THE APPROACHES USED IN EDUCATIONAL THERAPY

- Orton- Gillingham approach – language based, multi-sensory, structured
- Visual teaching techniques
- Use of manipulatives to teach concepts
- Jolly Phonics and Explode the Code Series – Phonics Based Programs
- Cognitive Training – Lumosity & Neuronation
- Tactile teaching methods (e.g. finger writing on textured surface)
- Multi-sensory approaches to address cognitive weaknesses in auditory and visual discrimination, processing speed or memory
- Games and other movement activities to target specific concepts

ARE STANDARDISED ASSESSMENTS NECESSARY?

An Educational Assessment can be **beneficial** in helping the therapist plan and set goals based on the **child's unique profile** – consisting of areas of strengths and weaknesses. This helps in the planning of Literacy, Numeracy and Cognitive related goals. However, this is not compulsory. Therapists are trained to implement and design goals for intervention through information gathered during sessions.

Should an assessment be carried out, parents will be given a detailed report inclusive of **verbal feedback, explaining the findings and recommendations**.



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